

Early I.S.D. —2018-2019

School Health Advisory Council (SHAC)

Officers: **Chair – Lisa Turner**
 Vice Chair – Lindy Mason

Components of School Health Advisory Council

Activities related to 10 components of the **Whole School, Whole Community, Whole Child Model**

Module 1—Physical Environment

- Hand sanitizer continues to be available in each cafeteria
- Epi-pens on each campus.
- Fire Prevention – EPS & EES
- Tornado, Fire, Evacuation, Lock Down and Table Top Drills at campuses.
- Bus evacuation drills at Primary & Elementary
- AEDs available on all campuses

Module 2—Health Education

- DREAM (Drug Resistance Education And Mentoring) program by Early Police Department for 5th graders
- CPR/AED training for EISD staff. (4 classes taught during the summer)
- 5th grade Health Development class
- Nutrition presentations at EPS & EES by Nancy King (Girl Scouts)
- Colgate dental kits and dental presentation by EPS teachers
- Avenue Dental presentations to 3rd grade
- Seniors will receive CPR/AED training from Nurse Smith and Nurse Gregory per state requirement.
- 3rd grade Safety City trip to Abilene
- EMS Adolescent health– 6th grade health presentation, 7th grade science class
- Masonic Lodge dental program to 1st graders
- EPS Student Healthy Challenge
- EES Bell Ring Health Education

Module 3—Physical Education & Other Physical Activity

- Fitness gram physical fitness assessments at EEM & EMS
- Athletics - EMS, EHS
- Jump Rope for Heart in Feb – EES
- Jump Rope for Heart – EPS with Glow Party/Seal awards for top fund raisers
- EES Track meet
- EPS Fun Day with physical activities at the track
- Daily activity breaks/recess at all campuses
- Seasonal drill team, marching band, cheer – EMS and EHS
- Semester Reward Party with physical activities for perfect attendance– EPS PTC
- Seal Gym instruction at EES & EPS campuses during PE

- 5th/6th grade volleyball teams
- Walk-a-thon – PTC fund-raiser at EES

Module 4—Nutrition Environment & Services

- *Healthy Hunger-Free Kids Act* – on EISD website to educate parents
- “Smart Snack” calculator on EISD website
- *Food for Thought* through Good Samaritan Ministries - EES (18) and EPS (12)
- Early ISD Wellness Policy on website, updated last year
- McKinney-Vento ACT offers free breakfast and lunch for homeless students
- Nutrition information on EPS and EES meals on Foodservice Facebook page
- Local agencies to help needy to be listed on website
- Foodservice Facebook page promoting menu options
- Share Table – EPS, EES, EMS kids leave sealed leftovers for others or sent to counselors
- Jump with Jill at elementary campus.

Module 5—Health Services

- Hearing and vision screenings conducted by Nurse Smith & Nurse Gregory for grades for state report: Pre-K, K, 1,3,5,7
- Individual head lice checks upon referral plus notifying parents in affected class
- Annual Acanthosis Nigricans (ANTES) (pre-diabetes) screening for students in grades 1,3,5,7
- Annual scoliosis screening for 5th, 7th girls and 8th boys graders for state report
- Flu immunizations for staff and students
- Doc’s Pharmacy filed insurance for staff flu immunizations
- AEDs on each campus and athletics
- Training for required staff on AEDs
- Heimlich training for cafeteria monitors – EPS, EES and MS
- Bloodborne Pathogen Training for staff
- Regular communication with Health Dept. and local doctors to monitor health issues and illnesses
- Weekly flu reports to Brown County Health Department during flu season
- All immunization requirements have been met for Pre-K, K & 7th for state report
- HB2038—RTP (Return to Play) protocol—rules regarding concussions—Nurse Smith
- CPR training updated
- Hygiene Items provided by 7 Ways to counselors

Module 6—Counseling, Psychological, & Social Services

- Character Development - EES
- Guidance sessions – all campuses
- Presentations on self-esteem, bullying, and other character building topics by Nancy King with Girl Scouts – EPS, EES
- Child Sexual Abuse and Reporting & Suicide Prevention training for every EISD employee
- EES Lunch Bunch with counselor
- Home Visits by principals, counselors, nurses – all campuses
- Daily Morning Assembly – EPS
- Cub Scouts – EPS & EES
- EES “Habits of Happy Kids” – Character development

Module 7—Social & Emotional Climate

- *Why Try?* program taught to all freshmen through the freshman Leadership Class—equips students to become more resilient in life
- Red Ribbon Week for drug awareness and prevention – all campuses
- EHS PALS (Peer Assisted Leadership Students)—mentor children on other 3 campuses
- Semester academic/character and attendance awards – EPS, EES, EMS
- End of year Academic Awards - EHS
- Campus Transition sessions - all campuses
- Mini-Belles, Cheer, Little Longhorns, Little Lady Longhorns mentoring
- Career Week – EPS
- See You At The Pole – EES, EMS, EHS
- FCA & Fields of Faith
- Buddy Bench – EPS, EES & Kindergarten campuses.
- EPS, EES, EMS Social Media/Texting presentation by Officer Jason Shay
- Shattered Dreams - EHS
- EPS Healthy Habits Posters
- EHS Abusive Relationship Posters
- EPS Good Sportsmanship Awards
- Ninth graders taught proper police officers relationships.

Module 8—Employee Wellness

- Early Steps It Up
- Spring Healthy Challenge
- Flu immunizations for staff
- AEDs at each campus and athletics
- Health insurance and pre-paid tax-free health savings account offered

Module 9—Family Engagement

- Training for Parents on Social Media/Texting – EISD website
- Hidden in Plain Sight (drug prevention training for parents)
- Parent conferences – EPS & EES
- SHAC notes on EISD website
- Subject specific group parent meetings as needed – EES
- Back to School/Open House – All Campuses
- PTC – EPS, EES, EMS
- Parent Meetings for campus transitions – EMS, EHS, & EES
- Uncommon Man by Coach Sandford for boys and fathers
- EES Coffee with the Counselor 4 times/year
- Facebook Pages all campuses and district included extracurricular

Module 10—Community Involvement

- TxDOT provides display and materials and a presentation to discourage drunk driving
- Community blood drive
- "GO Room" transition services—scholarship, college application, financial aid, job application assistance available to seniors
- Church, parental, Key Club, Builders Club donations of clothes
- 7 Ways donations of clothes/personal hygiene items to EISD students
- Local businesses contribute reward items for student attendance, grades and good character recognition and staff
- Pennies for Patients, fundraiser for leukemia/lymphoma-EPS, EES
- Jump Rope for Heart benefitting the American Heart Association
- Local Fire Department brings trucks during Fire Prevention Week
- Staff meals during first in-service each year provided by churches & businesses
- Local organizations and families provide scholarships for EHS seniors
- EES Music classes perform at City of Early Christmas Tree Lighting
- Musical productions for the community – all campuses
- EHS Musical & One Act performances for community
- Nursing Home visits by NHS, Band, Volleyball and Football team, EES Local Vocals
- Adopt-A-Highway – EHS Football
- Students and families visit local colleges – EHS and EMS
- Masonic lodge donation to EPS, EES counselors for discretionary use
- Beadel Foundation contribution to Nurses for discretionary use
- HPU professor presentations – EHS
- Rotary Club donation of dictionaries to 3rd graders
- Pink Out fundraiser for Walker Cancer Center by Cheer & Belles honoring Kim and Danny Horton.
- Robotics and PTC selling t-shirts for fundraiser for Keith Taylor.
- EHS, Key Club, FFA collected donations for Hurricane Harvey victims
- EES Adopt-a-School affected by Hurricane
- Key Club District Wide Food Drive for Good Samaritan for all campuses
- McDonald Park Music Garden Texas Midwest Community Network Teen Leadership group
- HPU Heart of Texas \$60,000 scholarships
- Family Fitness Night
- HPU students observe PE classes.
- Cookies and Milk with Santa. EPS

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- Doughnuts with Grandparents. EPS
- Lunch with Grandparents. EES
- City league basketball teams use EISD gyms and Project Graduation volunteers to help.
- Community wide pep rally and bonfire.