

## SHAC MEETING

Meeting Minutes  
January 11, 2017  
9:00-10:00

Next Meeting: March 8, 2017  
9:00-10:00

Chair: Sheila Towell  
Vice-chair: Kristen Wade

1. Welcome:

Those in attendance were welcomed by Reca Godfrey. Mrs. Towell and Mrs. Wade were not able to attend. There were 6 members in attendance.

2. Discussion:

The committee discussed the wellness plan and will be setting up meetings very soon to begin the process of rewriting that policy.

3. The Committee watched a brief presentation on "Partnering for School Health". This was a very informative presentation from schools that are growing their vegetables and herbs and using them in their own cafeterias to limit the amount of purchases from outside vendors. This ownership in the production of the vegetables and herbs has increased the students to desire to eat more vegetables and to try new things. It has been a very successful program in schools around Texas.

4. The SHAC meeting will meet again on March 8<sup>th</sup> to watch a presentation by "Partnering for School Health" that will discuss how to keep students engaged in school nutrition. These videos are in conjunction with the Texas Dept. of Agriculture, Texas Dept. of State Health Services and TEA.

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