



Early High School & Middle School Menu

September 2011



Breakfast \$1.35
Reduced .30

Lunch \$2..50
Reduced .40

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Spaghetti w/ meat sauce, salad, corn, garlic bread, fruit, & milk. *Sausage & biscuit	2 Cheeseburger, baked potato wedges, lettuce, tomato, pickles, cookies & milk. *Scrambled eggs & bis-	3
	4 5 HOLI DAY	6 Baked potato w/ham & Cheese, broccoli w/ cheese sauce, salad, Texas toast, fruit & milk *Breakfast pizza	7 Steak fingers w/gravy, mashed potatoes, green beans, hot rolls, Jell-O & milk. *Breakfast burrito	8 Hot dog w/chili & cheese, sauce, potato wedges vegetable sticks, pickles, orange & milk. *French toast sticks	9 Homecoming Cheeseburger, baked potato wedges, lettuce, tomato, pickle, cake and milk *Scramble egg & biscuit	10
11	12 Chicken fajita soft taco, pinto beans, lettuce & tomato salad, steamed peppers & onions, fruit, & milk *French toast sticks	13 Burrito, chili, cheese sauce, pinto beans, salad, yogurt, fruit & milk. *Pancake pup	14 Chicken fried steak, mashed potatoes w/ gravy, green beans, hot rolls, Jell-O & milk. *Pancakes w.syrup	15 Pizza, corn, salad, frozen dessert & milk. *Sausage & biscuit	16 Cheeseburger, baked potato wedges, lettuce, tomato, pickle, cookies & milk. *Scramble egg & biscuit	17
18	19 Chicken nuggets w/ gravy, mashed potatoes, English peas, hot rolls, frozen dessert & milk. *Breakfast pizza	20 Taco Nachos w/cheese, Lettuce & tomato salad, Pinto beans, flour tortilla, Fruit & milk. *Pancakes w/syrup	21 Chicken patty, gravy, mashed potatoes, green beans, mixed green salad, hot rolls, Jell-O & milk. * Muffins w/ Lil Smokies	22 Corn dogs, baked beans, macaroni & cheese, fruit, & milk. *Sausage & biscuits	23 Cheeseburger, baked potato wedges, lettuce, tomato, pickle, cookies, & milk. *Scramble egg & biscuit	24
25	26 Chicken fried steak w/ gravy, green beans, mashed potatoes, hot rolls, fruit & milk. *Breakfast pizza	27 Pizza, corn, salad, frozen dessert & milk. *Muffin & Lil Smokies	28 Chicken nuggets w/ gravy, mashed potatoes, English peas, hot rolls Jell-O & milk. *French toast sticks	29 Spaghetti w/ meat sauce, Salad, corn, garlic bread, fruit & milk. *Sausage & biscuit	30 Cheeseburger, baked potato wedges, lettuce, tomato, pickle, cookies, & milk. *Scramble egg & biscuit	

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*Breakfast includes fruit or juice & milk.
There is a choice of the menu item or dry cereal & toast